GOAVO®

the new way to mayonnaise!

Spicy Zoodles with Lentils

INGREDIENTS:
Two zucchinis – Spiralized
One 15oz can lentil vegetable soup
1 tsp Extra Virgin olive oil
Dash of garlic powder
Dash of cayenne pepper
Salt & pepper to taste
2 Tbs Chipotle GoAvo®

DIRECTIONS:
Spiralize your zucchinis. Heat olive oil in frying pan and add zucchini noodles. Season with garlic powder, cayenne pepper, salt, and black pepper. Drain out about half of the liquid from your lentil vegetable soup. Once your zucchini noodles are heated through add the lentil vegetable soup and chipotle GoAvo®, toss, and serve!

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